

The unknown can be uncomfortable for people. To many, what is unknown is Indigenous culture and the use of the drum and prayer songs as medicine for the community. The drum and song is not a weapon to inflict harm. It is meant to love, connect, and heal.

Our elders and youth take care of each other interchangeably. When an elder sees those of a younger generation in harm, they selflessly and instinctively step in and offer their medicine of love, prayer, and wisdom.

**THIS MESSAGE IS MUTUAL BETWEEN
OUR TEACHINGS.**


